


# Montgomery Relay

Spring Training Calendar  
www.somdmontgomery.org



Sport/Team	Start Date	Time	Location
 <b>Athletics-Track &amp; Field</b>			
Juniors	Sun Mar 22	1PM-2:30 PM	Good Counsel HS
Intermediate	Sun Mar 22	1PM-2:30 PM	Good Counsel HS
Seniors	Sun Mar 22	1PM-2:30 PM	Good Counsel HS

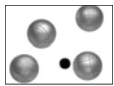
Additional practices will be held on Fridays from 5pm to 6pm at Lake Needwood Park



## 10 Pin Bowling

6wk season	Sat Apr 4	12AM-2:00PM	Bowl America
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New location: Bowl America on Clopper Rd. Space is limited for this program. Mail-In registration.



## Bocce

Team Practice	Sat Mar 28	10AM-11:30AM	M. Schweinhaut Senior Center Wheaton MD
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## Swimming

Try Outs	Mar 7 & 14	3:00PM-5:00PM	Rockville Pool
Team Practice	March 21	12:00PM-2:00PM	Stone Ridge

Two Try Outs at the Rockville municipal Pool. Details for regular season practice will be announced at the orientations.



## Softball & T-Ball

Junior (T-Ball)	Sun Mar 22	10AM-11:30PM	Potomac CC
Intermediate	Sun Mar 22	10AM-11:30PM	Potomac CC
Seniors	Sun Mar 22	1PM-2:30 PM	Mongtomery Coll

Report to your sport's first training session. We do not confirm your sign-up.

## YAP-Young Athletes Program

YAP	Sun Mar 29	9:30 AM-11AM	Potomac CC
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A multi-sport program for children ages 2-7. Space is limited, sign up is only online. It is required that one family member attend each session with your child.