



# Montgomery Relay

## A Word From the Area Director by: Pam Yerg

A new look for Montgomery Relay! As this issue of the Relay goes to press, some details regarding the basketball programs have not been finalized. On November 18th, a coaches meeting will be held to discuss all of the programs. The tough economy has “trickled down” to dramatically affect SOMO’s sports programs. We will be faced with significant increases in the costs associated with training facilities and competitions, which has affected the ability to schedule many events. The costs as well as coach support will affect the number and size of programs that we can offer. You can keep up to date on the locations, dates and times for practices by visiting the website: [www.somdmontgomery.org](http://www.somdmontgomery.org). All athletes should go online to sign up for the sport/sports in which they wish to participate! We encourage as many of you as possible to use the online sign up system accessible on our website. This will enable our coaches to have a list of their athletes as well as up to date contact information. If you do not have access to a computer, you can mail in the sign up form in this issue. Also important: **NO ATHLETE WILL BE ALLOWED TO TRAIN, OR BE ELIGIBLE FOR COMPETITION WITHOUT AN UP TO DATE MEDICAL FORM!** I am happy to answer any questions that you have and can be contacted via phone (301-424-3083). You can also send me email at [jeyclan@verizon.net](mailto:jeyclan@verizon.net). Email is preferable and most efficient! Contact management team members and coaches via our website. The SOMO hotline (301-924-6965) is primarily for last minute messages and for basic weekend schedules, but has a short time-space for me to leave a mes-

sage for you all, so please check for notices and cancellations on the website, as we will keep that up to date! You can also leave a message for our medical director on the Hotline, but please note that messages left on the hotline are checked on an infrequent basis. Our volunteer medical director has many tasks and keeping medical forms up to date is a full-time job! Read the Relay carefully as it has very valuable information for all of our SOMO family!



Carly joined 85 athletes and participated in the TOPSoccer Festival on Nov 2 at Wootton High School. Great fun was had by everyone!

## On the Medal Stand at the Maryland State Games



Patrick Jones proudly displays his gold medal, won in the Fall Fest 2km cross country race.



### Volunteers!

We need coaches and volunteers to make our SOMO sports program a success! Please contact Pam Yerg at [jeyclan@verizon.net](mailto:jeyclan@verizon.net).

contact Pam Yerg at [jeyclan@verizon.net](mailto:jeyclan@verizon.net).

### Save the Date

- Winter Sports Fitness and Skill Training Saturdays @ Nov 8 details page 3
- Holiday Party Friday Dec. 19th 7:30-10 PM Hosted by Derwood Knights of Columbus Lodge
- 10 Pin State Tournament: Feb. 7/8
- WISP Winter Games March 1-3
- Spring Classic Basketball State Tournament: March 21
- Check the website regularly for dates and details on competitions and social events:

[www.somdmontgomery.org](http://www.somdmontgomery.org)