


Montgomery Relay

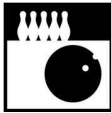
Winter Training Calendar

www.somdmontgomery.org



Sport/Team	Start Date	Time	Location	
 Winter Ski Program	Alpine	Sat Nov 8th	9AM-11AM	Borher Park-Gaith
	Cross Country	Sat Nov 8th	9AM-11AM	Borher Park-Gaith
	Snow Shoe	Sat Nov 8th	9AM-11AM	Borher Park-Gaith

Details regarding on-snow training, state qualifying and competition in all three programs will be announced by coaches



10 Pin Bowling began on November 1 and is full. We will offer a Spring Season mini program. Sign up for that program will be announced in the February issue of **Montgomery Relay**



Basketball

Seniors 3v3	Sun Jan 4	1:30pm-3:00PM	Barrie School
Seniors 5v5	Sun Jan 4	3:00pm-4:30PM	Barrie School
High Sc 3v3	Sun Jan 4	1:30pm-3:00PM	Barrie School
High Sc 5v5	Sun Jan 4	12:00am-1:30PM	Barrie School

The first two practices are try-out assessment practices in order to place players. Attendance at all practices is very important! Arrive 15 minutes early for each practice!



Juniors Round Robin League (Elementary, Intermediate & High School age)

Blessed Sacrament	Sat Mid Dec	TBA	Blessed Sac. Gym
Cabin John (Interm)	Fri Mid Dec	TBA	Cabin John Gym
Team PASA	Sun Jan 11	9:30am-11:00PM	Potomac Com Ctr
KTS-Elem & Interm	TBA	TBA	KTS GYM

The League will play a round robin on Saturdays, beginning Jan 17 at St. Raphael's Church, Blessed Sacrament Church, the Barrie School or Katherine Thomas School. Games time TBA (around noon). **We need coaches and Team Managers to volunteer in order to offer these programs!**



YAP-Young Athletes Program

YAP	Sun Jan 9	9:30 - 11:00AM	Coffield Com Ctr
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Details about the YAP Program are on the website. Space is limited, sign up is only online. NO Mail in Sign up. If you do not have access to a computer call Pam Yerg 301 424 3083. We need coaches to volunteer in order to offer this program. Please contact Pam Yerg at jeyclan@verizon.net